



NONPROFIT NEWS



In our digital age, cybersecurity is essential to protect data, privacy, and systems from growing online threats. As cyberattacks become more frequent and sophisticated, strong cybersecurity helps prevent identity theft, data breaches, and major disruptions to businesses and daily life. **It's no longer optional — it's a necessity.**

MULTIPLE NONPROFITS IN OUR AREA HAVE BEEN HACKED IN THE LAST YEAR.

Non-profit organizations are increasingly targeted by cyber attacks due to their often limited resources and valuable data such as donor information, financial records, and personal details of beneficiaries. These attacks can severely disrupt operations, damage reputations, and compromise sensitive data.

Cybersecurity education is crucial for organizations of all sizes to protect sensitive data, prevent costly breaches, and maintain trust with clients and stakeholders. As cyber threats become more advanced, human error remains one of the biggest vulnerabilities. Training employees on safe digital practices, recognizing phishing attempts, and following security protocols significantly reduces risk.

The Alliance is committed to raising awareness about how cyber attacks happen, what they target, and how even small organizations can take simple steps to protect themselves. From phishing scams to data breaches, many threats can be avoided with the right knowledge and tools. **Join our Lunch & Learn on April 23rd at noon.** Details and registration information on the flyer below.



Virginia Women and Family Support Center

maternalhealth

WORKSHOP

ABOUT THE WORKSHOP

Empowered Maternal Care – Gain essential knowledge on prenatal care, birth planning, and self-advocacy during labor to ensure a healthier pregnancy and delivery.

Mental & Physical Well-Being – Learn strategies for managing maternal mental health, postpartum care, and maintaining proper nutrition and exercise throughout pregnancy.

Community & Policy Impact – Understand how maternal health policies and community support systems can improve outcomes for mothers and families in Virginia.



MATERNAL HEALTH WORKSHOP DETAILS

APRIL 19 2025

AT GEORGE MASON SCIENCE AND TECHNOLOGY CAMPUS,
10900 UNIVERSITY BLVD, MANASSAS, VA 20110

SCAN HERE



SAVE YOUR SPOT vawfsc.org/maternalhealthworkshop 571-261-2838 @vawfsc

CYBER SECURITY

Lunch & Learn



Nonprofits represent 31% of cyber attacks on businesses. Learn how to protect your organization at our virtual Lunch and Learn, **presented by Eduruna.** Learn about easy cybersecurity protocols you can implement, and how to identify threats and scams. This event is **FREE** and open to the public.

Wednesday, April 23
12pm-1pm

[REGISTER AT ALLIANCEGPW.ORG/OUR-EVENTS](https://alliancegpw.org/our-events)



BACK TO SCHOOL

COMMUNITY EVENT



CALLING ALL VENDORS!

REGISTRATION OPTIONS:

\$75

STANDARD

- ✓ ONE 6-FOOT TABLE AND TWO CHAIRS

\$125

DELUXE

- ✓ ONE 6-FOOT TABLE AND TWO CHAIRS
- ✓ ONE TENT

EVENT DETAILS:



AUGUST 2



11AM – 2PM



Gar-Field High School
Woodbridge, VA



Back-to-School



SPRING INTO GIVING WITH BOXES OF BASICS

Every child deserves clothes that help them step into spring with confidence. But right now—our shelves for older kids (kids sizes 10–16) are bare.



MOST NEEDED ITEMS:

Boys & Girls Sizes 10, 12, 14 & 16

-  Graphic Tees
-  Shorts
-  Jeans
-  Light jackets
-  Comfy sneakers



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